

Outdoor School Menu - 2025

(be aware that items are subject to change)

	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
<i>Day 1</i>	None	Students bring a sack lunch for themselves	Beef Stir Fry Tofu Stir Fry (Vegan) Fried Rice (GF, Vegan) Fruit Salad Salad Bar Dessert - Brownies GF Brownies
<i>Day 2</i>	Pancakes GF Pancakes Scrambled Eggs Tofu Scramble Home Fries Sausage Yogurt Bar DF Yogurt Cereal Bar Fresh Fruit Orange Juice	Quesadillas (GF/DF avail) Spanish Rice Pinto Beans Chips and Salsa Sour Cream Fruit Salad Salad Bar	Spaghetti / GF Penne Marinara Sauce Garlic Bread / GF Bread Crudite w/Ranch Seasonal Veggies Salad Bar Fruit Salad Dessert - Ice Cream DF Ice Cream
<i>Day 3</i>	French Toast GF French Toast Hard Boiled Eggs Tofu Scramble Hash Browns Yogurt DF Yogurt Cereal Bar Fresh Fruit Orange Juice	Cheese Pizza (GF & DF avail) Crudite w/Rance Mixed Vegetables Salad Bar Fruit Salad	Chicken Nuggets GF / Vegan Nuggets French Fries Mixed Vegetables Fruit Salad Salad Bar Dessert - Cookies GF Cookies
<i>Day 4</i>	Scrambled Eggs Tofu Scramble Breakfast Potatoes Sausage (Veg) Toast/English Muffin GF Toast Yogurt / DF Yogurt Cereal Bar Fresh Fruit Orange Juice	None Students are at home	None

(GF = Gluten Free, DF = Dairy Free, Veg = Vegetarian)